

Drugs to Avoid or Use With Caution in Glaucoma (including over-the-counter (OTC) medicines)

Here is a list of drugs that should be avoided or used with caution in people with angle-closure glaucoma.

- Antimuscarinics e.g.
 - Darifenacin
 - Fesoterodine
 - Flavoxate
 - Oxybutynin
 - Tolterodine
 - Ipratropium
 - Tiotropium
 - Glycopyrronium bromide
 - Umeclidinium
 - Acridinium
 - Hyoscine
 - Dicycloverine
 - Atropine
 - Procyclidine
 - Orphenadrine
 - Propantheline
- Antihistamines e.g.
 - Cyclizine
 - Chlorphenamine
 - Hydroxyzine
 - Pizotifen
 - Promethazine
- Tricyclic antidepressants e.g.
 - Amitriptyline
 - Doxepin
 - Dosulepin
 - Clomipramine
- Selective serotonin re-uptake inhibitors (SSRIs) e.g.
 - Citalopram

- Sertraline
- Fluoxetine
- Antipsychotic drugs e.g.
 - Clozapine
 - Quetiapine
- Tetracyclic antidepressants
 - Mirtazepine
 - Mianserin
- Antiepileptics
 - Carbamazepine
 - Topiramate
- Sympathomimetics e.g.
 - Pseudoephedrine
 - Phenylephrine
 - Xylometazoline
- Centrally acting sympathomimetics e.g.
 - Atomoxetine
 - Methylphenidate

In addition to the above, here are some OTC medicines listed below that should be avoided or used with caution in people with glaucoma.

- Antihistamines
 - Chlorphenamine (e.g. Piriton)
 - Diphenhydramine (e.g. Benylin Chesty Coughs [Original])
 - Promethazine hydrochloride (e.g. Sominex)
 - Promethazine teoclate (e.g. Avomine)
 - Triprolidine (e.g. Multi-Action Actifed Dry Coughs)
 - Buclizine (e.g. Migralve Pink)
 - Antazoline (e.g. Otrivine Antistin Eye Drops)
- Decongestants
 - Pseudoephedrine (e.g. Sudafed Decongestant)
 - Phenylephrine (e.g. Sudafed Sinus Max Strength)
- Phenothiazines
 - Prochlorperazine (e.g. Buccastem M)
- Anticholinergics

- Hyoscine hydrobromide (e.g. Kwells)
- Hyoscine butylbromide (e.g. Buscopan IBS Relief)
- Corticosteroids
 - Beclometasone (e.g. Beconase Hayfever Nasal Spray)
 - Fluticasone (e.g. Pirinase Hayfever Nasal Spray)
 - Triamcinolone (e.g. Nasacort Allergy Nasal Spray)