Coronavirus: Helpful health information resources for you and your family

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Find helpful websites that provide the latest health information and support on the coronavirus, including advice for those with health conditions.
Government’s coronavirus resources:

Coronavirus health advice | Join the Coronavirus Information Service on WhatsApp | Access NHS services digitally

Coronavirus health information resources:

Fighting false claims | Healthy eating | Older people | Pregnant women & new mums | Disabled people | Learning disability | Autism | Deaf children & young people | Down’s syndrome | Asthma | Lung condition | Allergy | Heart & circulatory diseases | Kidney disease | Diabetes | Thyroid disease | Addison's disease | Pituitary conditions | Liver disease & liver transplant | Crohn’s & colitis | Epilepsy | Dementia | Parkinson’s disease | Cancer | Arthritis | MS | Motor neurone disease | TB | Psoriasis & psoriatic arthritis | Mental health | Addiction
Government’s coronavirus resources

- Coronavirus advice for everyone, people at high risk, symptoms & self isolation | NHS
  Learn more

- Coronavirus (COVID-19): what you need to do | UK Government
  Learn more

- Join Government’s Coronavirus Information Service on WhatsApp | UK Government
  Learn more

- Use the NHS App to book appointments, order repeat prescriptions, check your symptoms & view your medical record | NHS
  Learn more

Fighting false claims

- How you can fact check claims about the coronavirus | Full Fact
  Learn more

Healthy Eating

- Frequently asked questions about nutrition and food in relation to COVID-19 | British Dietetic Association
  Learn more
Older people

- Older people support | Age UK
  Learn more

Pregnant women & new mums

- Information for pregnant women and their families | Royal College of Obstetricians & Gynaecologists
  Learn more

- Pregnancy, birth & early parenthood support | National Childbirth Trust
  Learn more

- Pregnancy and new mums information | Tommy’s
  Learn more

Disabled people

- Support for disabled people & their families | SCOPE
  Learn more

Learning disability

- Support for people with a learning disability | Mencap
  Learn more
Autism

- Support for autistic people and their families | National Autistic Society
  Learn more

Deaf children & young people

- Support for deaf children and young people | National Deaf Children's Society
  Learn more

Down’s syndrome

- Information for people with Down’s syndrome and their families | Down's Syndrome Association
  Learn more

Asthma

- Health advice for people with asthma | Asthma UK
  Learn more
Lung condition

- Help and advice for people living with a lung condition | British Lung Foundation
  Learn more

Allergy

- Coronavirus and allergy | Allergy UK
  Learn more
Heart & circulatory diseases

- Coronavirus: what it means for you if you have heart or circulatory disease (e.g. angina, arrhythmia, atherosclerosis, atrial fibrillation, heart attack, heart failure and stroke) | British Heart Foundation
  Learn more

- Find out about coronavirus and how it might affect you if you have high cholesterol | Heart UK
  Learn more

- Information on coronavirus for stroke survivors | Stroke Association
  Learn more

- COVID-19 information for arrhythmia patients | Arrhythmia Alliance
  Learn more

- Blood clots (thrombosis) and COVID-19 | Thrombosis UK
  Learn more
Kidney disease

- Support and advice for people with kidney disease | Kidney Research UK
  Learn more

- Information and advice for patients with kidney disease | National Kidney Federation
  Learn more

- News and information for patients with kidney disease | Kidney Care UK
  Learn more

Diabetes

- Advice for people with diabetes and their families | Diabetes UK
  Learn more

Thyroid disease

- Thyroid disease and coronavirus | British Thyroid Foundation
  Learn more
Addison's disease

- Advice for people with Addison's and adrenal insufficiency | Addison's Disease Self-Help Group
  Learn more

Pituitary conditions

- Advice for people with pituitary conditions | Pituitary Foundation
  Learn more

Liver disease & liver transplant

- Health advice for people with liver disease and liver transplant patients | British Liver Trust
  Learn more

Crohn’s disease & colitis

- Advice for people with Crohn’s disease and colitis | Crohn's and Colitis UK
  Learn more
Epilepsy

- Coronavirus (COVID-19) and epilepsy | Epilepsy Action
  Learn more

- Epilepsy and the coronavirus (COVID-19) FAQs | Epilepsy Society
  Learn more

Dementia

- Information for families looking after someone with dementia | Dementia UK
  Learn more

- Coronavirus (COVID-19) support for people affected by dementia | Alzheimer's Society
  Learn more

Parkinson’s disease

- Understanding coronavirus and Parkinson’s | Parkinson’s UK
  Learn more
Cancer

- Coronavirus and cancer | Cancer Research UK
  Learn more

- Cancer information and support | Macmillan Cancer Support
  Learn more

- COVID-19 and lymphoma | Lymphoma Action
  Learn more

- Advice on the coronavirus for people with pancreatic cancer | Pancreatic Cancer Action
  Learn more

- Breast cancer and the coronavirus | Breast Cancer Now
  Learn more

- Coronavirus (COVID-19) and prostate cancer | Prostate Cancer UK
  Learn more

Arthritis

- Support for people living with arthritis | Versus Arthritis
  Learn more
MS
- MS and coronavirus care and support | Multiple Sclerosis Society
  Learn more

Motor neurone disease
- Coronavirus and motor neurone disease | Motor Neurone Disease Association
  Learn more

TB
- Coronavirus (COVID-19) and tuberculosis | TB Alert
  Learn more

Psoriasis & psoriatic arthritis
- Information for people who are living with psoriasis and psoriatic arthritis | Psoriasis Association
  Learn more
Mental health

- Look after your mental health | Mental Health Foundation
  Learn more

- Coronavirus and your mental health | Mind
  Learn more

- COVID-19 and mental illness | Rethink Mental Illness
  Learn more

- Coronanxiety support & resources | Anxiety UK
  Learn more

Addiction

- Honest information about drugs | Frank
  Learn more

- Alcohol Anonymous | Alcoholics Anonymous (GB)
  Learn more

- Narcotics Anonymous | Narcotics Anonymous UK
  Learn more

- Cocaine Anonymous | Cocaine Anonymous UK
  Learn more