# Coronavirus: Helpful health information resources for you and your family

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Find helpful websites that provide the latest health information and support on the coronavirus, including advice for those with health conditions.

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#### Government's coronavirus resources:

Coronavirus health advice | Join the
Coronavirus Information Service on WhatsApp
| Access NHS services digitally

## Coronavirus health information resources:

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Addiction

#### Government's coronavirus resources

- Coronavirus advice for everyone, people at high risk, symptoms & self isolation | NHS
   Learn more
- Coronavirus (COVID-19): what you need to do | UK Government <u>Learn more</u>
- Join Government's Coronavirus Information Service on WhatsApp | UK Government <u>Learn more</u>
- Use the NHS App to book appointments, order repeat prescriptions, check your symptoms & view your medical record | NHS <u>Learn more</u>

## Fighting false claims

 How you can fact check claims about the coronavirus | Full Fact <u>Learn more</u>

## **Healthy Eating**

 Frequently asked questions about nutrition and food in relation to COVID-19 | British Dietetic Association
 <u>Learn more</u>

## Older people

 Older people support | Age UK Learn more

# Pregnant women & new mums

- Information for pregnant women and their families | Royal College of Obstetricians & Gynaecologists Learn more
- Pregnancy, birth & early parenthood support | National Childbirth Trust Learn more
- Pregnancy and new mums information | Tommy's <u>Learn more</u>

## Disabled people

 Support for disabled people & their families | SCOPE <u>Learn more</u>

# Learning disability

 Support for people with a learning disability | Mencap <u>Learn more</u>

## **Autism**

 Support for autistic people and their families | National Autistic Society
 Learn more

# Deaf children & young people

 Support for deaf children and young people | National Deaf Children's Society
 <u>Learn more</u>

# Down's syndrome

 Information for people with Down's syndrome and their families | Down's Syndrome Association
 Learn more

## **Asthma**

Health advice for people with asthma | Asthma UK
 Learn more

# **Lung condition**

 Help and advice for people living with a lung condition | British Lung Foundation <u>Learn more</u>

# **Allergy**

Coronavirus and allergy | Allergy UK
 <u>Learn more</u>

## **Heart & circulatory diseases**

- Coronavirus: what it means for you if you have heart or circulatory disease (e.g. angina, arrhythmia, atherosclerosis, atrial fibrillation, heart attack, heart failure and stroke) | British Heart Foundation Learn more
- Find out about coronavirus and how it might affect you if you have high cholesterol | Heart UK
   Learn more
- Information on coronavirus for stroke survivors |
   Stroke Association
   Learn more
- COVID-19 information for arrhythmia patients | Arrhythmia Alliance
   Learn more
- Blood clots (thrombosis) and COVID-19 | Thrombosis
   UK
   Learn more

## Kidney disease

- Support and advice for people with kidney disease | Kidney Research UK
   Learn more
- Information and advice for patients with kidney disease | National Kidney Federation Learn more
- News and information for patients with kidney disease
   | Kidney Care UK
   <u>Learn more</u>

#### **Diabetes**

Advice for people with diabetes and their families |
 Diabetes UK
 Learn more

# **Thyroid disease**

 Thyroid disease and coronavirus | British Thyroid Foundation Learn more

#### Addison's disease

 Advice for people with Addison's and adrenal insufficiency | Addison's Disease Self-Help Group Learn more

## **Pituitary conditions**

 Advice for people with pituitary conditions | Pituitary Foundation <u>Learn more</u>

# Liver disease & liver transplant

 Health advice for people with liver disease and liver transplant patients | British Liver Trust <u>Learn more</u>

## Crohn's disease & colitis

 Advice for people with Crohn's disease and colitis | Crohn's and Colitis UK
 Learn more

# **Epilepsy**

 Coronavirus (COVID-19) and epilepsy | Epilepsy Action
 Learn more

Epilepsy and the coronavirus (COVID-19) FAQs |
 Epilepsy Society
 Learn more

## **Dementia**

- Information for families looking after someone with dementia | Dementia UK
   Learn more
- Coronavirus (COVID-19) support for people affected by dementia | Alzheimer's Society
   Learn more

## Parkinson's disease

 Understanding coronavirus and Parkinson's | Parkinson's UK
 Learn more

#### Cancer

- Coronavirus and cancer | Cancer Research UK
   Learn more
- Cancer information and support | Macmillan Cancer Support
   Learn more
- COVID-19 and lymphoma | Lymphoma Action Learn more
- Advice on the coronavirus for people with pancreatic cancer | Pancreatic Cancer Action
   Learn more
- Breast cancer and the coronavirus | Breast Cancer Now
   <u>Learn more</u>
- Coronavirus (COVID-19) and prostate cancer | Prostate Cancer UK
   Learn more

## **Arthritis**

Support for people living with arthritis | Versus Arthritis
 Learn more

#### MS

 MS and coronavirus care and support | Multiple Sclerosis Society
 <u>Learn more</u>

## Motor neurone disease

 Coronavirus and motor neurone disease | Motor Neurone Disease Association Learn more

## **TB**

 Coronavirus (COVID-19) and tuberculosis | TB Alert <u>Learn more</u>

# **Psoriasis & psoriatic arthritis**

 Information for people who are living with psoriasis and psoriatic arthritis | Psoriasis Association Learn more

## Mental health

- Look after your mental health | Mental Health Foundation
   Learn more
- Coronavirus and your mental health | Mind Learn more
- COVID-19 and mental illness | Rethink Mental Illness
   Learn more
- Coronanxiety support & resources | Anxiety UK
   Learn more

## Addiction

- Honest information about drugs | Frank
   Learn more
- Alcohol Anonymous | Alcoholics Anonymous (GB)
   Learn more
- Narcotics Anonymous | Narcotics Anonymous UK Learn more
- Cocaine Anonymous | Cocaine Anonymous UK
   Learn more